



October 2015



DISTRICT SCHOOL BOARD OF NIAGARA

YOU ARE THE HERO IN THIS STORY!!

Students need:

To return the magazine orders as they are able

Bring a Toonie or Family may donate on line for The Terry Fox Foundation

To maintain their agenda as a great resource to stay organized

Over the last few weeks, it has been a pleasure to observe the students working together and playing together on the playground and particularly on the baseball diamond. Some grades have been focusing on playing safe and developing good sportsmanship.

Kudos to our Pelham Panthers!



I am equally pleased to report that we have 29 Cross Country Runners that are competing in the Cross Country meets on Sept 24, Oct 1 and a date to be decided. Mme Corbeil and her team have been practicing and running to prepare for these events and so far the weather is also cooperating. At the first meet, our team placed in the top third out of 150 participants! A special thanks to parents that have been available to drive our athletes, stay for the races and transport them back to our school. We could not do these events without this incredible support.

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Thank you all, so much! Sincerely, Mrs. S. Lawrence, Principal

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Pelham Panthers Host A Run/Walk For Terry Fox Foundation

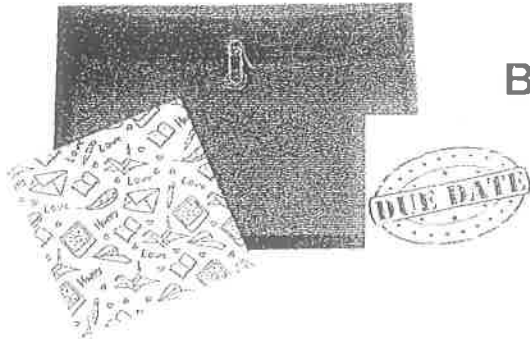
On Friday, Oct 2, (rain date) the staff and students will run/walk the perimeter of the playground and participate in our Panther version of the Terry Fox Walk/Run ! We have already collected \$120 (so far) to the Terry Fox Foundation For Cancer Research. We are pleased with the student and community support for this worthwhile cause,. On Oct 2 @ 11:30 am we will be hosting a representative that will share information about the character traits linked to Terry Fox and his battle with cancer; advancement in research, the history of Terry Fox and see a replica of the prosthetic leg that was a support for Terry. Any family can further donate online on The Terry Fox Foundation website (scroll down to see the option) and it will be counted towards our total school donation.



## Those Wonderful Blue Envelopes!

We are very keen to ensure that our parent school community is receiving all the necessary and essential information and forms once a week. Thanks to Mrs. Furlong, who is our "envelope stuffer", this system is efficient and timely. Please continue to send the envelopes back to our school, so they can be collected in the office in a bin, ready for her each week. If there is no blue envelope returned, you will miss out on weekly updates.

Reminders have also been added to our school calendar so that we can all remember to make this a good habit!



**Before Thursday  
each week!**



### Insure Your Child!

Is your child insured for medical or dental costs in case of an accidental injury? The District School Board of Niagara does not provide medical payments coverage for students. If you have no other coverage, it is important that parents/guardians consider this opportunity and purchase coverage for the school year, from Old Republic Insurance Company of Canada!



**Dental Health Screening** is done at PC for Grades 4,6,8!  
**Oct 20th!**



Pegasus sent a second photographer on Picture Day to take "casual" pictures to be included in our yearbook ! We can't wait to see what was captured!

Pictures! Pictures and more Pictures. That is what your yearbook committee needs!

We would like to encourage you to bring along your camera to all your children's school events.

Send an email with your favourite pictures or an USB stick into the school with them all. Mrs. Furlong will sort through them. (Your USB will always be returned to you, if you label it with your name please) Any & all are appreciated! Thank you!! [nfurlong@cogeco.ca](mailto:nfurlong@cogeco.ca)

### Negotiation Update!

On Monday, September 21, the Elementary Teachers' Federation began Phase 3 of its job action in schools. For a full list of activities the union has directed its members not to perform, please visit our FAQ page. Our schools remain open at this time and your children are continuing their learning as normal in the classroom. Our teachers are continuing to do as they always do: support students in learning the curriculum and becoming successful in school. As part of the sanctions announced by the federation, teachers will not be taking part in extra-curricular activities on Wednesdays. We are making every effort to reschedule events normally held on Wednesdays to allow students the opportunity to continue benefitting from these activities. The DSBN is fortunate to work with an outstanding staff that goes above and beyond for students every day. The Board remains hopeful that the Government and ETFO/CUPE will be able to reach an agreement on a fair contract that prioritizes student learning.

Every elementary school website has a dedicated "Negotiations Update" button where you will find this information.

[pelham.centre@dsbn.org](mailto:pelham.centre@dsbn.org)

FREE and EDUCATIONAL!

**Wanted: Parents of Pelham Panthers**  
Please consider joining us for this Parent Power evening. It is hosted by the DSBN Parent Council and it is a wonderful information sharing event. Supper is provided, vendors are available to share with us what is available for fundraising and other services and then presentations are given about a variety of sessions. You have the opportunity to choose what workshop you would like to attend. Register as soon as you decide, to avoid disappointment!

Nov 4, 2015



Please join us for the DSBN Parent Involvement Conference



**PARENT POWER**

Hosted by the PELHAM CENTRE SCHOOL

A FREE evening event of learning, sharing and networking for all DSBN parents



**School Advisory Council**

Our first meeting was held on Tuesday, Sept. 22 in our school library.



Our Council positions include:  
Mrs. N. Furlong, Council Chair;  
Rotating Secretary at each meeting;  
Trish Reynolds, Treasurer.

We are beginning fundraising with the very popular magazine campaign, with the Kick Off Assembly on Oct 2. We planned out the possibilities for this school year, with further conversations and ideas to continue. Our next meeting is during the school day 9-10:30 am October 30 (Halloween, Hot Lunch Day too!). With the DSBN Parent Council Conference on the 4th, our SAC and any Pelham parents are invited to join us!

We welcome interested parents/guardians to any of our meetings. Meeting agendas and minutes are kept in the school office for you to review. They too will be posted on our school website. Please call the school if you would like further information or email Nadine Furlong (nfurlong@dsbn.org)

**Wasps Are Around!**

With Fall officially here, we are working diligently to ensure that our playground is kept as safe as we possibly can. Wasps are around of course and this is our current creature to check daily to ensure they are not getting inside the school ~so far so good!



**Turtles Too!**

Pelham Centre Public School does have wildlife on the playground from time to time. The students are very good about staying within the borders of the playground field as well and have an awareness for creatures. We had a family of young snapping turtles over the past two weeks. Teachers have gathered the turtles so that students can observe them, then we all agree that live release is the best option.



Good Bye George!



## Halloween Safety Rules

- Children under nine years of age should go out with an adult or responsible older child.
- Be sure your child stops at all curbs, looks left, right and left again to check for traffic. Remind children to cross at crosswalks, street corners or intersections.
- Bright coloured costumes make your child easier to see. You can use reflective tape on a costume to make your child more visible. Face paint instead of a mask helps them to see well. Have your child carry a flashlight.
- When they get home, check all of their treats carefully. Throw out any treats that aren't wrapped, if the wrapping is torn or loose, or if the wrapper has a hole. Remember that small treats can cause your child to choke.
- You might want to offer an alternative to sugar based treats. Stickers or multi-coloured pencils can be a nice surprise in place of , or in addition to, traditional treats.



## What does Halloween look like at Pelham Centre?

12:05 pm All the activities for this day will begin after Period 3 with a parade in the gymnasium.

12:55 pm Nutrition Break and Fitness Break

1:35 pm Individual classrooms will be enjoying a variety of activities that are grade-appropriate. Grade 7 and 8s will be participating in a dance in the gymnasium. Alternate activities will also be available.

## Flu Season is here!

Washing your hands prevents the spread of germs and reduces your risk of getting sick. Wash your hands after:

Coughing and sneezing

Blowing your nose

Using the washroom

Playing with pets

Playing outdoors

Before preparing meals and eating

Use warm water and soap, lather and scrub for at least 15 seconds. Alcohol-based hand sanitizers are safe for children and can be used when you don't see any dirt.



## How Long Must my Child Stay Home When Sick?

Please keep your child at home and away from others if he or she has any of these symptoms:

- Fever
- Diarrhea
- Vomiting
- Rash
- Frequent coughing or sneezing
- Yellow or green discharge from the nose, ears, or eyes
- Sore throat

Contact your family doctor for a diagnosis. Your doctor will advise you about care and treatment if a communicable disease is diagnosed.

For more information contact the Infectious Disease Program 905-688-8248 ext. 7330 or

or 1-888-505-6074  
[www.niagararegion.ca](http://www.niagararegion.ca)

