



Panther Press November 2015



D I S T R I C T S C H O O L B O A R D O F N I A G A R A

YOU ARE THE HERO IN THIS STORY!!

Students need:

To dress for the weather. We suggest layers of clothing, a warm coat, mitts or gloves, winter boots, indoor shoes and running shoes.

Continue to remember our no body contact rule

Continue to practice being respectful

During the Cross Country Meets , special mention of one of our Bantam Boys, is given to Colton S. He is a terrific runner and athlete and would repeatedly place first in his division. At the DSBN Meet, he was in 4th place during his race when he suddenly injured his ankle badly due to a hidden pothole and had to be carried off the race course. We are very proud of Colton S. for the amazing spot he held in the races prior to falling down. He is a hero in this story, because he demonstrated great effort and sportsmanship!



Gage is a hero in this story when he wrote this Math reflection:

“We are working on expanded form, rounding and area. I feel good about multiplication and rounding. I wonder why Math is so fun. My favourite lessons are independent multiplication sheets and expanded form writing!”

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Grade 4s Are Super Sleuth Spotters

WOW ! Surprise was heard through out the school as notes in scroll form were being delivered to unsuspecting people. On October 27th, the Grade 4s wrote a note to some people in our school; educators and students that had been sported being kind and helpful around the school, inside and out and then chosen! Blueberry muffins were baked fresh in the morning and delivered by second nutrition break, along with the scroll! The recipients are now asked to pay it forward to 5 more people in the next few days. It will be interesting to see what was done by others to pay it forward. Students and educators have their chance to become the next super-sleuths and do 5 kindnesses! I wonder what will be other surprises?
GO Panthers GO!



The Physical Education Curriculum 2015

In February of 2015, the Ontario Ministry of Education released their revised Health and Physical Education curriculum, replacing the curriculum document of 1998 and the interim document of 2010. This curriculum is to be implemented in the 2015-16 school year. This revised curriculum reflects health, safety, and well-being realities faced by students today, including easily accessed information found online, and the widespread use of social media and smartphones.

The Health and Physical Education curriculum can be accessed online at: <http://www.edu.gov.on.ca/eng/curriculum/elementary/health.html>

The curriculum addresses important current societal issues for students including: promoting positive healthy development and relationships, cyber-bullying, sexting, substance abuse, homophobia, etc. These are critical issues that will help protect students and promote good citizenship. We understand some of the curriculum contains sensitive content and will require thoughtful delivery and parent support. Recognizing this, the Ministry of Education has developed a series of resources (below) for parents to provide information and ideas for supporting learning at home. These may be accessed from the ministry website.

If you have any questions, please speak with your child's classroom teacher or school administrator.

Additional Resources for Parents: <http://www.edugains.ca/newsite/curriculum/elementaryresources/healthphysed.html>

A Parent Guide to the Revised Health and Physical Education Curriculum, Grades 1-12

A Parent Guide: Learn More About Human Development and Sexual Health in the Health and Physical Education Curriculum, Grades 1-6

A Parent Guide: Learn More About Human Development and Sexual Health in the Health and Physical Education Curriculum, Grades 7-12

Quick Facts for Parents: Online Safety, Including Risk of Sexting

Quick Facts for Parents: Healthy Relationships and Consent



Pegasus sent a second photographer on Picture Day and it was just pure fun, posing for the camera in silly ways!

Once we get the CD we will pass it along so the photos can be added to our yearbook. Don't forget to bring your camera to all your children's school events and take pics!

Send an email with your favourite pictures or an USB stick into the school with them all. Mrs. Furlong will sort through them. (Your USB will always be returned to you, if you label it with your name please) Any & all are appreciated! Thank you!! nfurlong@cogeco.ca

Stop the spread of Infection

- ✓ Stay home if you are sick and return when you are well
- ✓ Wash your hands with soap and water or use a hand sanitizer
- ✓ Cover your cough or sneeze with a tissue or in your sleeve
- ✓ Keep your distance
- ✓ Get a flu shot

For more information, talk to your school nurse or go to

www.niagararegion.ca/health



Remembrance Day @ PC

Parents, Guardians,
Friends of Pelham Centre

Are invited to join us

At 10:30 am on November 11, 2015

For our Remembrance Assembly

In our school Gymnasium

Students are asked to wear
Choir uniforms
Scouts or Girl Guides
Cadet Uniforms



FREE and EDUCATIONAL!

Wanted: Parents of Pelham Panthers

Please consider joining us for this Parent Power evening. It is hosted by the DSBN Parent Council and it is a wonderful information sharing event. Supper is provided, vendors are available to share with us what is available for fundraising and other services and then presentations are given about a variety of sessions. You have the opportunity to choose what workshop you would like to attend. Register as soon as you decide, to avoid disappointment!

Nov 4, 2015



Please join us for the DSBN Parent Involvement Conference



A FREE evening event of learning, sharing and networking for all DSBN parents

School Advisory Council



Our second meeting will be held on Fri. Oct. 30 in our school library during the school day 9-10:30 am (Halloween, Hot Lunch Day too!). With the DSBN Parent Council Conference on the 4th, at Eden High School, our SAC and any Pelham parents are invited to join us and that will be our November Meeting!

We will continue to discuss needs of the school, fundraising updates and planning for the December 4th meeting @ 9:00 am- 10:30 am at Pelham Centre.

We welcome interested parents/guardians to any of our meetings. Meeting agendas and minutes are kept in the school office for you to review. They too will be posted on our school website. Please call the school if you would like further information or email Nadine Furlong (nfurlong@cogeco.ca)



Walking Stick

As Mr. Bruzzese was outside on duty, a walking stick decided to join him on his jacket. The Walking Stick did not stay long! How wonderful it is to be at a school with

so many species of creatures!



A Hickory Tussock Moth Caterpillar

was found at our front door, last week. They are back! Please let your children know that these cute fuzzy creatures sting like a mosquito bite

and can produce an itchy rash like poison ivy.

Why are you late this morning?

“ We had to stop long enough to let 5 yellow hens and one black one cross the road! “





Cross Country News

A special thanks to Coach Corbeil and our parent -drivers and supporters!

Meet 1: September (sunny day)

On Thursday the Pelham Centre cross-country team went to Chippawa Creek Conservation Park for Race #1. A great day was had by all as every single runner beat their personal best time and many of our runners even received a ribbon for their performance. Mme Corbeil was very impressed with all of the results. Keep in mind that there were anywhere from 30-40 runners in the older groups and 150 or more in the Atom and PeeWee Divisions.

Results

Atom Boys

Maxx V-9th; Ryan C-12th; Alex K-23rd; Nicholas B.-24th; Sam B-28th; Marshall F.- 35th; Harrison S-37th; Julien M- 39th

Pee Wee Boys

Morgan E-2; Hayden C-13th; Liam F-15th; Ty P-37th; Zach B-43rd

Pee Wee Girls

Sydney P-8th; Kaitlyn B-20th; Makenna S-31st; Emily B-54th; Claire L-57th

Bantam Boys

Colton S-1st; Evan V.- 7th; Billy B-10th; Myles S.-14th; Tommy L.-30th

Midget Boys

Carson S.-3rd

Midget Girls

Claire R.-12th

Congratulations Panthers on a terrific run!

Those nightly practices paid off!



Meet 2: October 1 (overcast/ no rain)

On Thursday, Oct 1st, the Pelham Panthers Cross Country team went to Chippawa Creek Conservation Park for Race #2. Although our Panthers had to battle the cold weather and wind, every runner put forth a super effort and had a strong finish. Mme Corbeil was impressed once again, especially considering the weather elements faced.

Results

Atom Boys

Maxx V-11th; Alex K-25th; Marshall F-28th; Sam B-29th; Nicholas B-30th; Harrison S-36th; Julien M-40th

Pee Wee Boys

Morgan E-3rd; Riley R.- 6th; Liam F-24th; Ty P-35th; Zach B-39th

Pee Wee Girls

Sydney P.- 2nd; Kaitlyn B-24th; Makenna S-27th; Emily B-53rd; Claire L-63rd;

Bantam Boys

Colton S- 1st; Evan V-5th; Billy B.-9th; Myles S.-15th

Bantam Girls

Gwynevere K-7th; Melanie L. 16th; Emily S. -26th

Midget Boys

Caron S.- 7th

Midget Girls

Claire R-12th

Panther Pride once again! Well done all!

DSBN Cross Country Meet October 15, 2015 held at Firemen's Park in Niagara Falls.

It really is an accomplishment to be invited to compete at this meet. It is based on timing, and completion in both races, so placement is always important. We are so proud of the training that has continued throughout the season! Thanks to Mme Corbeil, our 2015 Cross Country Coach! Our runners ran up and down hills, in and out of a forested area with many twists and turns and had to deal with strong head winds. All 13 runners performed very well.

Atoms Boys: Maxx V.-93rd; **Peewee Girls:** Sydney P.-10th; **Peewee Boys:** Morgan E. -3rd place, Riley R.-40th, Liam F.-95th; **Bantam Girls:** Gwynevere K.-32rd, Melanie L.-57th (with a stitch in her side the whole way); Evan V.-21st, Billy B.-49th, Myles S.-53rd; **Midget Girls:** Claire R. with a very strong finish, passing 2-3 runners in the last 100m received 45th; **Midget Boys:** Carson S.-9th. Way to go Panthers! You Rock! Great Job! We hope to see you out for Cross Country again next year!

Volleyball News

Many thanks to Coaches Blacquiere and Teal and our parent –drivers and supporters!

Richmond Street Girls' Tournament Oct17

The Girls' volleyball team travelled to Richmond Street Public School to attend the tournament on Saturday, Oct 17th. Although they did not win this tournament, it is not whether they win or lose, but how they played each game. This was a good experience to learn about team play and game situations. Good work Pelham Panthers!



Boys' Volleyball News

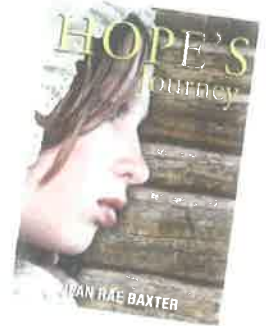
We are pleased to have the following members on our Boys' Pelham Panther Team:
Carson S, Evan L, Jacob P, Trent F, Tyler B, Billy B, Chase B, Garret R, Kyle G, Nathan S, Tommy L, William G.

The Girls' volleyball team travelled to Eden High School to play in a long day tournament on Saturday, October 24th. Once again it was a great day and the team learned about the power of their serve when it was their turn to serve.

The Team consists of : Hannah D., Karlee M., Claire R., Jordan M., Jayda G., Mya N., Jenna C., Melanie L, Carly M., Autumn P., Ari J., and Grace B., A development squad includes: Emmerson S, Gwynne K., Emma F., Grace B., Camryn F., Maddie N., Jenna M., Olivia V.

New Titles in the Grade 7 and 8 room were purchased from our author today ~ The Way Lies North; Hopes Journey; The White Oneida; Freedom Bound; and Broken Trail. The first two books have females heroes and the rest have male heroes! Some students have begun to read the books and seem to be enjoying them.

Book marks were left by Jean Rae Baxter for our Grade 6,7,8 students!



Author Visit

October 27th, 2015



Jean Rae Baxter was a pleasure to have at Pelham Centre today. For over an hour she spoke about the 50 slides she had based on the historical sites she uses in her books, based in southwestern Ontario. From her presentation, the audience learned more than historical content between the years of 1753 and 1791. As a Canadian author, she has travelled to the exact setting where her books take place. Some of her strategies for writing good books include the following trade secrets: know your setting well; research your work using books that have a resource section with it; use many resources, and if using wikipedia, check its accuracy with other resources such as electronic sources, reference books, trade books and journals.

She highly recommends Kayak : Canadian History for Kids as a magazine focused for ages 7-12, but older students will also benefit. You can check this out on google: Kayak: A Canadian History for Kids.

Ever want to be a writer? Work with an editor you can trust; be prepared to write as many as 13 drafts; ask many trusted friends to be your readers before the editor reading makes many suggestions and then an editor can ask for a change in the book that will take 2 months to rewrite. Ms. Baxter prefers to write her books by hand as there is nothing like the brain being connected to the paper. She also answers about 150 emails a day!

It was a great experience having a Canadian writer in our midst!